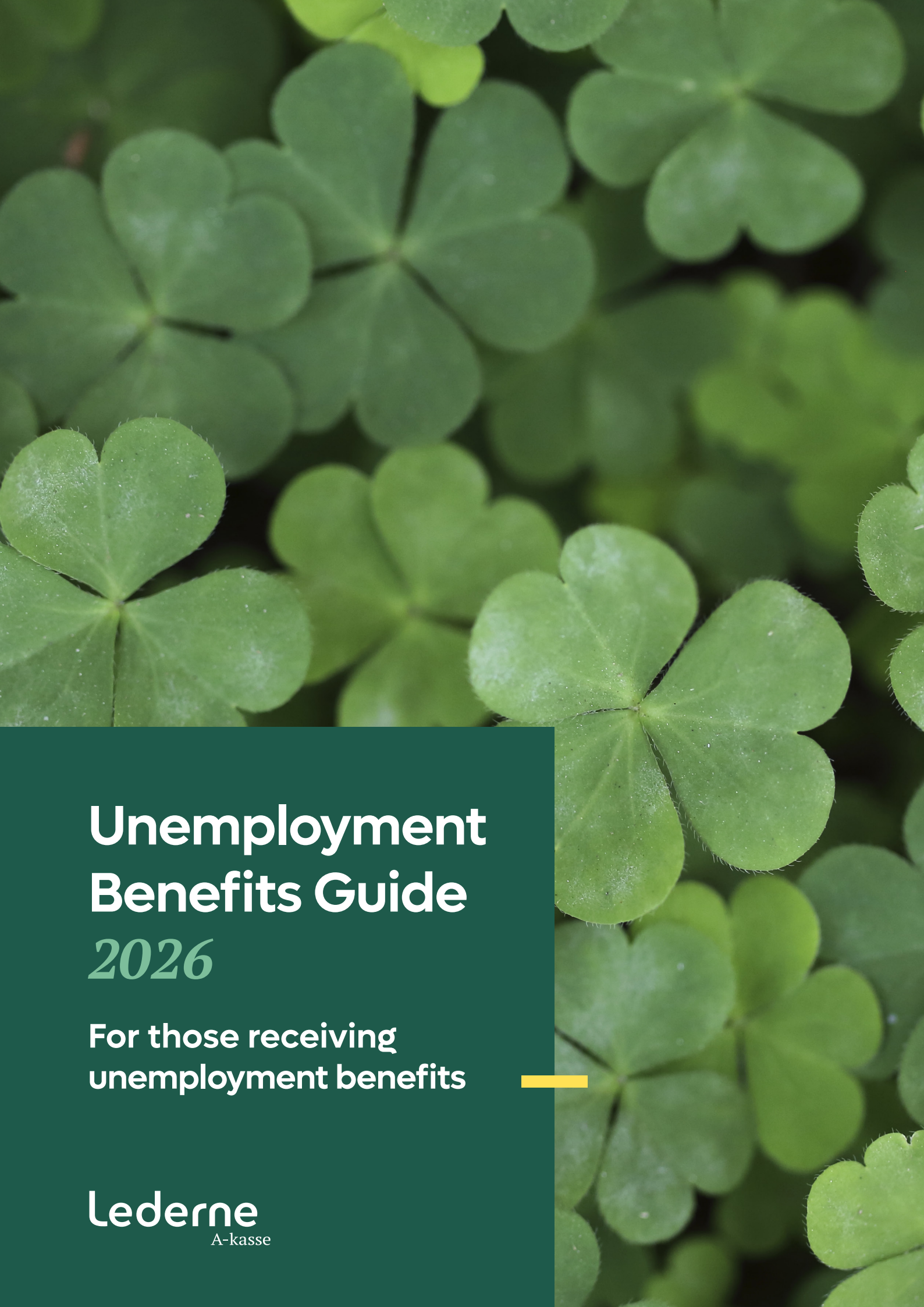




# Unemployment Benefits Guide *2026*

For those receiving  
unemployment benefits

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Lederne  
A-kasse

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# 1. Purpose *of the Guide*

This guide provides an overview of the unemployment benefits rules, including your obligations and opportunities for job searching, availability, working, participating in education, or volunteering.

Read the guide before your welcome meeting with the Lederne Unemployment Insurance Fund (Lederne A-kasse).

We also recommend reading our step-by-step guide for the unemployed, referenced in our first letter to you.

## **Step-by-Step Guide for the Unemployed**

Read more on [lederne.dk](https://lederne.dk) →



### **Key conditions:**

- While receiving unemployment benefits, you must live and reside in Denmark.
- You must be registered as unemployed on [jobnet.dk](https://jobnet.dk).
- You must actively seek jobs from your first day of unemployment.
- You must comply with job search agreements with us and the municipality.
- You must attend meetings with us and the municipality.
- You must be able to start a job at one day's notice, including jobs referred by the municipality.
- If full-time insured, you must be able to work 37 hours per week.
- If part-time insured, you must be able to work at least 30 hours per week.
- If working reduced hours within 5 weeks of becoming unemployed or starting part-time work, you must submit a release certificate to the Unemployment Insurance Fund.



## 2. Your Tasks *as Unemployed*

### **Be available**

In order for you to be entitled to unemployment benefits, you must be available to the Danish labour market. This means actively seeking jobs and being ready to accept full-time work at one day's notice.

If you are a full-time insured member of the Lederne Unemployment Insurance Fund, you must be available for work for 37 hours per week, and if you are a part-time insured member, you must be available for 30 hours of work per week.

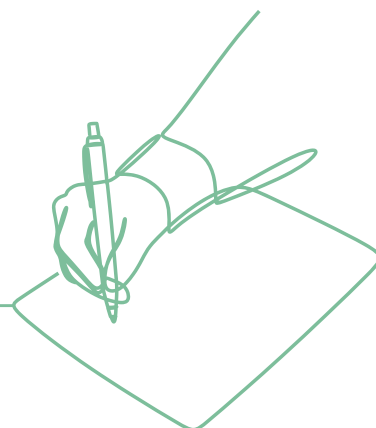
### **Check your digital mail daily**

When you receive unemployment benefits, you must pay attention to the messages you receive from us and from the municipality. This is especially important as there may be deadlines that must be met, and which may affect payment of your benefits. You are personally responsible for being able to receive and read your digital mail from the Lederne Unemployment Insurance Fund.

### **Complete your CV on [jobnet.dk](https://jobnet.dk)**

Within the first two weeks of unemployment, you must fill in your CV on [jobnet.dk](https://jobnet.dk). Your information must be visible to employers and approved by us.

In order for us to have a basis for your interview, we recommend that you complete your CV before your first meeting with the unemployment insurance fund.



# 3. Job Search *and Job Log*

## Update your job log weekly

When receiving unemployment benefits, from your first day of unemployment you must be actively seeking jobs. Your job search must be genuine, relevant, and targeted.

Update your job log on jobnet.dk each week and register all job applications. You must apply for at least 1-2 jobs per week, totaling at least 6 jobs per calendar month.

Attach targeted application material (CV and applications) at least once a month, even if you work part-time and receive supplementary benefits.

## Inspiration for your job search

Read more on [lederne.dk](https://www.lederne.dk) →



## 4. Meetings *and Interviews*

### **Meetings with the Lederne Unemployment Insurance Fund (first 3 months)**

Upon having registered yourself on jobnet.dk as unemployed, within two weeks you will be invited to a personal welcome meeting (in person). In this meeting, we take your situation as our starting point and create a plan for your job search.

Another meeting will be held within the first three months. You may choose to have this meeting either in person, virtually, or by phone.

### **Meetings with the municipality (after 3 months)**

After three months of receiving benefits, meetings continue with the municipality in which you reside. In the next three months, you must attend two meetings with the municipality.

### **Attend your meetings**

It is important that you attend your meetings with both the Lederne Unemployment Insurance Fund and the municipality, and that you are available if the meeting takes place digitally or by phone. If you are absent without notifying us, or if we cannot reach you at the agreed time, you will generally lose your unemployment benefits for the day you missed and until you contact us or the municipality again to arrange a new meeting.

Remember to cancel your appointment well in advance and before the meeting takes place.

If as a consequence of not attending a meeting you have been deregistered as unemployed, you must:

- log in to jobnet.dk and register yourself as unemployed again, and
- make sure to book a new meeting with either the municipality or the Lederne Unemployment Insurance Fund, depending on who you were supposed to meet with.



# 5. Activation *and Education*

## Activation can bring you closer to a job

The municipality may offer you activation. You can also take the initiative yourself and talk to the municipality about what would be relevant for you. Activation may include courses, company internships, and jobs with wage subsidies.

In order for you to continue receiving unemployment benefits, you must accept an offer of activation. You must also attend and complete the program. If you do not show up on the first day, or if you interrupt the program without a valid reason, you will be subject to a three-week quarantine without unemployment benefits.

Even while you are in activation, you must still be available to the labour market. This means that you must continue to apply for jobs, update your job log, and attend meetings.

## Activation and possibilities

Read more on [lederne.dk](https://lederne.dk) →



## Education While Receiving Benefits

In many cases, to strengthen your skills and job opportunities, while receiving unemployment benefits, you can take education.

## Education while receiving unemployment benefits

Read more on [lederne.dk](https://lederne.dk) →



## Job-oriented education

If you are unskilled, skilled, or have a short higher education on top of a vocational education, you may be eligible for job-oriented education. Under the links below to our website, see your options for job-oriented education, educational upgrading, as well as courses and training while you receive unemployment benefits.

## 6-week job-oriented education

Read more on [lederne.dk](https://lederne.dk) →



## Vocational education with educational upgrading

Read more on [lederne.dk](https://lederne.dk) →



# 6. Repatriation Opportunities

## *– Seek Advice from your Unemployment Insurance Fund*

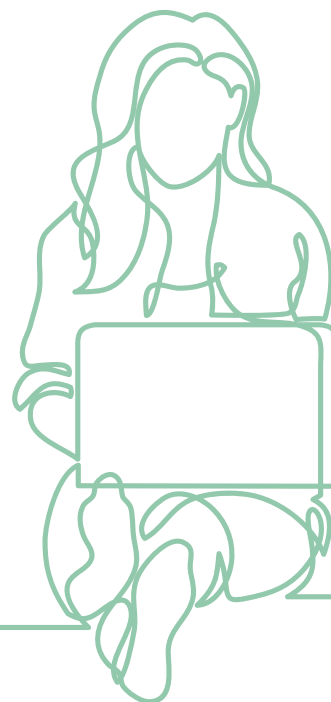
If you wish to return to your home country, in connection with your return journey, you can apply for financial assistance.

In order for you to be eligible for financial assistance, you must meet certain conditions.

**These are as follows:**

- You have had a residence permit in Denmark for up to 5 years.
- You are a refugee or a family member reunited with refugees, or
- You are a foreign national with a residence permit in Denmark under rules from before 1983, or you are a descendant thereof, or
- You have Danish citizenship with dual citizenship – however not in other Nordic countries or EU/EEA countries, or
- You are a foreign national and unaccompanied under 18 years of age, and your residence permit cannot be extended after you turn 18, or
- You are a foreign national with a residence permit under the Act on temporary residence permits (lov om midlertidig opholdstilladelse) for persons who assisted Danish authorities in Afghanistan.

You can seek further information and financial support from the Danish Refugee Council (Dansk Flygtningehjælp).



# 7. Illness, Holiday, *Parental Leave,* *and Going Abroad*

## **If you become ill**

If you become ill, on your first day of illness you must register your illness on jobnet.dk or notify either the municipality or the Lederne Unemployment Insurance Fund. When registering your illness, you are automatically deregistered as an unemployed benefits recipient. This means that while you are ill, you are not required to be available for work, apply for jobs, or attend meetings and interviews. If you are participating in an activation program, you must report your illness both on jobnet.dk and to the provider of the program.

During the first two weeks of illness, we will continue to pay unemployment benefits. If you have part-time work, you must report your illness to your employer as well as on jobnet.dk. During this period, it may be the municipality or your employer who pays your sickness benefits.

In general, if you do not register your illness on the first day, you will lose unemployment benefits as well as sickness benefits for the period from when you became ill until you register your illness.

## **Ill for more than two weeks**

If you are ill for more than two weeks, or if you receive unemployment benefits while working part-time, we forward your notification of illness to the municipality. The municipality will then send you a letter with the form you must use to apply for sickness benefits. If you do not receive

the letter, you must yourself contact the municipality and apply for sickness benefits from your first day of illness.

## **When you recover**

When you are well again, you must report your recovery and register as unemployed again on jobnet.dk. Only then can you receive unemployment benefits again. Remember to make sure you have received a receipt for your recovery notification as well as your registration on jobnet.dk

## **Parental leave**

When you are going on parental leave, you must notify us as well as the municipality. We will forward the information to the Danish Public Benefits Administration (Udbetaling Danmark), who will then contact you. Udbetaling Danmark is responsible for paying parental leave benefits.

Until your parental leave begins, you must continue to apply for jobs and attend the meetings you are invited to. If there are less than 6 weeks until your parental leave starts, you may be covered by the rules regarding a less intensive effort. This means that you are no longer required to apply for jobs, attend meetings, or participate in activation offers.

If you have been unemployed for up to 3 months, you must contact your unemployment insurance fund. If you have been unemployed for more than 3 months, you must contact the municipality.

## Holiday

When you are going on holiday, no later than two weeks before your first day of holiday, and preferably earlier, you must register your holiday on [jobnet.dk](http://jobnet.dk).

This way, the municipality and your unemployment insurance fund will know that you are on holiday, and you will avoid being called in for meetings.

If you do not register your holiday in time, you are still obliged to attend interviews or meetings. If you fail to attend because of your holiday, it may affect your unemployment benefits. For holiday taken on individual days, the two-week deadline does not apply, but you are not allowed to register a holiday on a day on which you have already been called in for an interview or meeting.

## Holiday benefits

As an unemployed person, when receiving unemployment benefits, holiday benefits, or parental leave benefits, you accrue holiday benefits. If you receive the full unemployment benefits amount for a month, you accrue 2.08 days of holiday entitlement. The number of holiday days you accrue depends on how much you have been paid.

Before you can receive holiday benefits, you must always first take any holiday entitlement accrued in an employment relationship. Holiday benefits must be applied for at your unemployment insurance fund. If you do not take your holiday within the deadline, your entitlement will generally lapse. Also remember that, as an unemployed person, no later than on the first day of your holiday you must notify the relevant authorities of your holiday. Failing to do so, you may lose both your right to holiday benefits and your unemployment benefits during the holiday period.

## Holiday benefits – application and regulations

Read more on [lederne.dk](http://lederne.dk) →



## Going Abroad

In some cases, you may travel abroad and retain your entitlement to unemployment benefits while looking for work. However, the rules are complicated, so you should always contact us before you travel.

In some cases, if you travel to another EEA country or to the Faroe Islands to look for work, you may be allowed to take your unemployment benefits with you for up to 3 months. This requires that you obtain permission from us before you travel.

If you need to attend a job interview abroad, you may also receive unemployment benefits for up to 5 calendar days. This requires that, before departure, you provide documentation showing that you have a job interview appointment and that you will not be outside Denmark for more than 5 days. We must approve this before you travel.

As a main rule, if you get a job in an EEA country or in the Faroe Islands, you must generally be insured in the country where you work. If you get a job outside the EEA/Faroe Islands, you can generally keep your membership with us.

## Stays abroad and unemployment benefits

Read more on [lederne.dk](http://lederne.dk) →



## 8. Payment, Rates, and Deductions

### Employment benefits rate and payment

We calculate your unemployment benefits rate based on the 12 months with the highest income within the past 24 months. Income from employment (A-income), B-income, and profits from self-employment may all be included.

If your average income during those 12 months is higher than DKK 26,620 per month before tax, in 2026 you may receive the highest unemployment benefits rate of DKK 22,041 per month before tax. If you receive unemployment benefits as a recent graduate, you will receive a fixed rate, which depends on your age and whether you have dependent children. Your specific rate is stated in your approval letter.

### Self-employment

We calculate your unemployment benefits rate by taking your income and dividing your profit from completed annual tax assessments by the number of months covered by your accounts for the income year.

Example: You register yourself as unemployed on 1 August 2026 after operating your business for 3 years. The term will be 1 August 2024 to 31 July 2026. As your annual tax assessment for 2026 is not yet available, we can use the annual tax assessment for 2024 (5 months) and for 2025 (12 months).

### Increased rate for the first 3 months

Some members may receive a supplement to their unemployment benefits during the first 3 months, corresponding to 481 hours of unem-

ployment benefits. This supplement is called the employment supplement (beskæftigelsestillæg).

In 2026, the employment supplement may be up to DKK 4,157 per month. This means that the total unemployment benefits rate cannot exceed DKK 26,198 per month.

To receive the full supplement, your average salary must be at least DKK 31,640 per month. You must also meet these requirements:

- You have been a member of an unemployment insurance fund without interruption for the past 4 years.
- Within the past 3 years, you worked full-time for at least 2 years.
- You are entitled to the highest unemployment benefits rate.

However, the amount you receive can never exceed 90 per cent of your average salary.

### Remember the deadline for your unemployment benefits card

Unemployment benefits are paid monthly. You may complete your unemployment benefits card no earlier than on the 24th of the month. If you wish the payment to be made on the last banking day of the month, we must receive the card no later than at 9:00 a.m. on the third-to-last banking day. You have up to 1 month and 10 days following the end of the month to complete and submit the card.

### Fill in the card correctly

It is important that you complete your unemployment benefits card correctly. You must register all hours of paid work and all circumstances that may affect your unemployment benefits. This includes a.o. voluntary work, other income, pension, illness, holiday, and hours worked in self-employment.

All forms of work may result in deductions from your unemployment benefits – including unpaid work and work performed outside normal working hours. When submitting your unemployment benefits card, you must also state your expected hours and income for the rest of the month. If your information changes later, you can correct the card and submit it again.

### Ongoing pension payments

Please note that ongoing pension payments that are part of a previous employment relationship will result in deductions from your unemployment benefits. If you receive such a pension, you must inform us so that we can calculate your unemployment benefits correctly.

### We check your information

After the end of the month, we compare your information with the reports submitted to the Danish Tax Agency's (Skattestyrelsen) income register. If there is a discrepancy, we will contact you and ask you to correct or explain it. If you have registered too few hours, any overpaid unemployment benefits will be deducted. If you have reported too many hours, the missing unemployment benefits will be paid to you.

### Avoid waiting days (karens)

Every fourth month, we assess whether you have had enough paid working hours to avoid a waiting period deduction. If during a 4-month period, you have not worked more than 148 hours, you will lose an amount corresponding to 1 day of unemployment benefits, up to DKK 1,017 in 2026. Holiday hours do not count. You can follow the assessment on jobnet.dk.

### Minimum payment

If, in a given month, deductions are made for more than 145.53 hours, you will not receive unemployment benefits for that month.

### Unemployment benefits and tax

We automatically receive your tax card from the Danish Tax Agency and deduct tax according to the information registered there. If your tax information changes, we are automatically notified.

### Check your payment specification

When paying out unemployment benefits, we also send a payment specification to My Post (Min post) on lederne.dk. Here you can see the amount, tax, and payment date. Always check that the information is correct and if something is wrong, contact us immediately.

### Holiday pay from FerieKonto

When you receive holiday pay from FerieKonto, the holiday must be deducted from your unemployment benefits.

You must remember to notify the municipality of your holiday before your holiday begins.

If you have applied to have your holiday pay paid out before submitting your unemployment benefits card, we automatically receive notification from FerieKonto. If the information does not match what you have stated on your card, we will contact you.

### How to fill in the unemployment benefits card

Read more on lederne.dk →



### Employment benefits rates and payment

Read more on lederne.dk →



### Unemployment benefits for graduates/newly qualified persons

Read more on lederne.dk →



## 9. How Long Can You Receive *Unemployment Benefits?*

As a general rule, you can receive unemployment benefits for 2 years within a 3-year period. This corresponds to 3,848 hours within a 36-month period. If you are a recent graduate, the unemployment benefits period is generally 1 year within 2 years.

You use part of your entitlement to unemployment benefits when, for instance, you receive unemployment benefits, holiday benefits, serve a quarantine, participate in job-oriented training, or work in a wage-subsidy job. If you become ill, each time you register yourself ill, the first 6 weeks of receiving unemployment benefits during illness and sickness benefits also count towards your entitlement.

### **Work may extend your unemployment benefits period**

When you work as an employee, you earn hours in your employment account. These hours can be used to extend your unemployment benefit period, saved for a new 2-year unemployment benefits entitlement, or used as a combination of the two options. However, the hours can only be used once. If you use them to extend your unemployment benefits period, they cannot also be used to re-qualify for a new unemployment benefits period.

### **How to re-qualify for unemployment benefits**

When you have 1,924 working hours, you re-qualify for a new unemployment benefits period. Hours from paid employment count, and so does self-employment. Profit from self-

employment is converted into hours. In 2026, this is done using a conversion rate of DKK 148.97.

If you have used up your unemployment benefits entitlement and have no more hours in your employment account, you may instead become entitled to a new period if, within the past 3 years, you have had an income of DKK 286,632 in 2026. A maximum of DKK 23,886 per month can be included.

On [jobnet.dk](https://jobnet.dk) you can track how many hours you have earned and used.

### **Your unemployment benefits period may be reduced**

If for at least 4 years within the past 8 years, you received unemployment benefits, your total unemployment benefits period will be reduced by 160.33 hours.

### **Unemployment benefits period and re-qualification**

[Read more on lederne.dk](https://lederne.dk) →



# 10. Working While Receiving *Unemployment Benefits*

## **Supplementary unemployment benefits**

Within a period of 104 weeks (two years), you are entitled to supplementary unemployment benefits for 30 weeks.

## **Paid employment**

If you are employed as a wage earner, only the weeks in which you both work and receive benefits count towards the 30 weeks.

Each week in which you work fewer than 37 hours (30 hours if you are insured part-time) and request payment of unemployment benefits for that week will count against your 30 weeks of entitlement to supplementary unemployment benefits.

## **Unemployment benefits while running a secondary business**

All weeks in which you run a business as a secondary occupation count against your entitlement to supplementary unemployment benefits, even if you have not registered any working hours in that particular month.

The rules also state that if you start self-employment as a secondary occupation during a calendar month, all weeks in that month will count when calculating the 30 weeks.

Once you have used the 30 weeks of supplementary unemployment benefits, if you have worked for one month and have not received unemployment benefits during that month you may extend the period by 4 weeks. A condition is that your business must have been registered in the Central Business Register

(CVR) for at least 6 months at the time when your entitlement to supplementary unemployment benefits expires. It is possible to extend by 4 weeks up to 3 times (12 weeks in total).

You can receive supplementary unemployment benefits for up to 160.33 hours per month if you work or are paid for 145.53 hours or less in that month. While receiving supplementary unemployment benefits, you must still remain registered as a job seeker, participate in meetings and interviews, apply for full-time jobs, and update your job log each week.

Always contact us before accepting part-time work or starting self-employment as a secondary occupation. This allows us to guide you correctly from the outset.

## **Part-time work: remember a release certificate (frigørelsesattest)**

If you wish to receive supplementary unemployment benefits alongside part-time work, if you are offered another job with more hours, you must be prepared to leave the part-time job at one day's notice. Therefore, if you have a notice period, your employer must sign a release certificate. We must receive the certificate no later than 5 weeks after the first day on which you are bound by the notice period. If we receive it later, you can only receive supplementary unemployment benefits from the day we receive the certificate.

You find and submit the release certificate on [mitlederne.dk](http://mitlederne.dk) via the form "Hent og indsend frigørelsesattest."

### **Uncontrollable work**

If your employer reports only your fee and not your working hours to the Danish Tax Agency (SKAT), or if the income is registered as B income, the work is regarded as uncontrollable work.

In such cases, we convert your gross income into hours by dividing the income by the applicable conversion rate. These calculated hours are then deducted from your unemployment benefits.

This applies, for instance, if you receive a fixed fee for a task where the number of hours worked does not affect the fee. In such cases, the deduction from your unemployment benefits is calculated on the basis of your income, which we convert into hours. In 2026, the conversion rate is DKK 305.59 per hour.

### **The first two days of unemployment**

As a general rule, if you have worked at least 74 hours for an employer within the past 4 weeks, when you become unemployed, your employer must pay for the first two days of unemployment. These days are called employer compensation (arbejdsgivergodtgørelse).

If you are entitled to payment from your employer, you cannot receive unemployment benefits for those days. If you have difficulties getting your former employer to pay, contact us in order for us to assist you.

### **Voluntary unpaid work**

Voluntary unpaid work may give you experience, a network, and new skills. You may carry out voluntary unpaid work in associations and organisations without any deduction from your unemployment benefits. Before you start, you must contact us and have the work approved.

The work must not form part of the ordinary operations. If it is normally a task for which you would be paid, deductions may be made from your unemployment benefits. However, the first 44 hours per month are exempt. Voluntary work does not count as job seeking. You must therefore still apply for jobs and update your job log each week.

### **Self-build and assisted building**

Ordinary maintenance work in your own home and normal hobby activities do not result in deductions from your unemployment benefits. If you are planning more extensive building work, such as a new build or an extension, you must contact us first. You cannot receive unemployment benefits while acting as a self-builder or assisted builder.

### **Self-employment and unemployment benefits**

Special rules apply to self-employed persons if you run or wish to start a business while receiving unemployment benefits. Always contact us before you begin. When you carry out a commercial activity and personally work in the business, you are considered self-employed. This typically applies if the business has a CVR number, is taxed as self-employment, or if you work in a company over which you yourself have decisive influence.

#### **You run a business before applying for unemployment benefits**

If your business is considered your main occupation, you must cease operating it before you can receive unemployment benefits. As a general rule, you will have to wait 3 weeks before you can receive unemployment benefits.

If, in addition to having run the business, you have also worked as an employee for 480 hours within a 6-month period before becoming unemployed, you may continue your business as a secondary occupation. The 480 hours must be spread across at least 5 of those 6 months. In other words, you must have worked as an employee for an average of about 80 hours per month.

#### **If you want to start a business while unemployed**

You may also start a business while unemployed. In this case, there is no prior requirement of 480 hours of paid employment. However, if you had ceased a main occupation as a self-employed person immediately before becoming unemployed, you can only receive unemployment benefits while running a business once 6 months have passed. If you start up before the 6 months have passed, you will lose your entitlement to unemployment benefits during those 6 months.

### **Unemployment benefits while running a business as secondary occupation**

All weeks in which you run a business as a secondary occupation count towards your supplementary unemployment benefits, even if you have not reported any working hours in the month in question.

The rules also state that if you start a self-employed business as a secondary occupation during a calendar month, when calculating the 30-week period, all weeks in that month will count. In some cases, it is possible to extend the period by up to 12 weeks.

You may work in the business at any time of the day, but you must still be available to the labour market and be able to take on a full-time job. The hours you spend on the business will be deducted from your unemployment benefits hour by hour. Any profit may be used to re-qualify for a new unemployment benefits entitlement, but not to extend the current one.

### **Asset management and leisure-time occupation**

If you only carry out very limited work in a business, no more than 5 hours per month, the activity may in some cases be regarded as asset management. In that case, the hours are not deducted from your unemployment benefits. However, they also cannot be used to re-qualify for unemployment benefits entitlement.

An activity may also be assessed as a leisure-time occupation. In that case, the hours are deducted from your unemployment benefits, but they cannot be used to re-qualify for unemployment benefits entitlement. You may have a leisure-time occupation throughout your entire period of unemployment. In other words, it is not limited to 30 weeks.

As a general rule, a business registered with a CVR number cannot be considered a leisure-time occupation, but there are a few exceptions, including:

1. Part-time farming (if certain conditions are met).
2. Operation of one rental property with up to 10 tenancy units.
3. Forestry on no more than 5 hectares at your primary or holiday residence.
4. Your own wind turbine, solar panel system, or similar renewable energy source.
5. Beekeeping with up to 20 beehives.

### **Supplementary unemployment benefits**

[Read more on lederne.dk →](#)



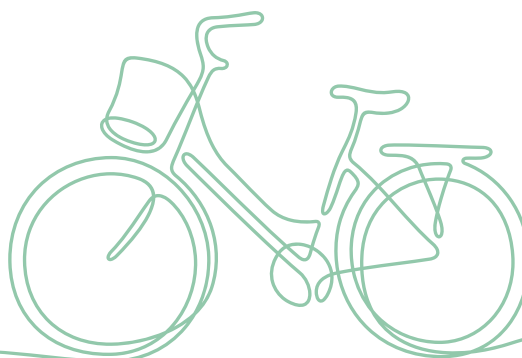
### **Voluntary unpaid work**

[Read more on lederne.dk →](#)



### **Self-employment and unemployment benefits**

[Read more on lederne.dk →](#)



# 11. Self-Inflicted Unemployment

If you are deemed to be self-inflicted unemployed, you will be subject to an 111-hour quarantine and will not receive unemployment benefits during that period. This applies, a.o. if you do any of the following without a valid reason:

- resign from your job (including a part-time job)
- turn down a job referred to you by the municipality
- refuse or withdraw from an activation offer from the municipality
- refuse to participate in preparing "My Plan"

It may also apply if you behave in a way showing that you do not genuinely want the job or the offer. If your employer dismisses you, you may also be subject to quarantine if the dismissal is substantially due to circumstances attributable to yourself, or if you accept a shorter notice period than what you are entitled to.

Always reach out to us before you resign, turn down a job, or withdraw from an offer. This way, we can help you assess the rules before it affects your unemployment benefits.

## Quarantine period and expiry

You can only unwind a quarantine during periods when you would otherwise be entitled to unemployment benefits. This means you do not unwind it, for instance, while you are on holiday or not registered as a job seeker. If you have not unwound the quarantine within 3 months from the date it took effect, it lapses. The same applies if, after the quarantine period has started, you obtain unsubsidised work corresponding to 5 weeks of full-time work.

If you become self-inflicted unemployed again within 12 months, you lose your entitlement to unemployment benefits until within 3 months you have had 300 hours of ordinary work.



## 12. When You *Get a Job*

When you start a full-time job, on your first working day, you must deregister yourself on jobnet.dk. You must also remember to register your working hours on your unemployment benefits card so that your benefits are paid correctly, as all working hours in the month in which you start work must be deducted. In addition, you must update your employment information on our website.

### **The last 6 weeks before starting a job**

If there are less than 6 weeks until you start a full-time job, you may be covered by the rules regarding a less intensive activation requirement. This means that you are no longer required to be actively seeking work or to participate in activation offers or meetings. You must be able to provide documentation that you are in fact starting a job, for instance in the form of an employment contract.

To be covered by the less intensive activation requirement, you must apply for this and have it approved by the unemployment insurance fund or the municipality. You must make sure to complete your job log up to and including the

day before the approval of the less intensive activation requirement — even if there are less than 6 weeks until you start your full-time job.

If you have been unemployed for up to 3 months, you must contact the unemployment insurance fund. If you have been unemployed for more than 3 months, you must contact the municipality. The same rules also apply if, within 6 weeks, you are transitioning to, for instance, maternity/paternity leave, early retirement pay, pension, full-time study, etc.



## Contact Information:

You are always welcome to contact us if you are unsure about the rules or need help during your unemployment benefit process. **You can also get personal advice about unemployment benefits.**

Phone: 32 83 32 83

Website: <https://www.lederne.dk/lederne-a-kasse/dagpenge>

